

**S.R.R & C.V.R GOVT DEGREE  
COLLEGE(A),VIJAYAWADA  
NAAC Accredited 'A' Grade  
CENTRE FOR POTENTIAL EXCELLENCE  
BOARD OF STUDIES MEETING  
2019-2020**

**DEPARTMENT OF PSYCHOLOGY**

**Board of Studies Meeting  
Department of Psychology  
S.R.R & C.V.R Government Degree College (A)**

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**DEPARTMENT OF PSYCHOLOGY**  
**GOVT. DEGREE COLLEGE FOR WOMEN, GUNTUR**  
**LIST OF BOS MEMBERS**  
**Composition of BOS for the Academic Year 2019-20**

**Chairman:** Dr. P. Srinivas, Ph.D.  
Associate Professor  
Psychology Department.  
SRR & CVR GDC (A), Vijayawada

**University Nomine:** Dr. B. Prasad Babu, Ph.D.  
Regional Director, IGNOU RC, Vijayawada

**Psychology Lecturer**

Smt. D. Naga Chandrika, Lecturer in Psychology, GCW(A), Guntur  
Mr. D. L. N. Lecturer in Psychology for PG, SRR & CVR GDC(A), Vijayawada  
Smt. V. Soundarya, Lecturer in Psychology for PG, SRR & CVR GDC(A), Vijayawada

**Subject Experts:**

1. Sri. G. Venkateswarlu, M.A., Chairman BoS, ANU Lecturer in Psychology VRS & YRN  
College, Chirala

**Present Psychology Students**

Kum.P. Kusuma  
III. B.A. Psychology

## **Expected Learning outcomes for Graduation in Psychology**

**INTRODUCTION:** The following set of objectives was set by the Department of Psychology for undergraduate students with Journalism and English.

### **OBJECTIVES:**

1. The student should be able to utilize his potentialities in full extent and be familiar with psychological concepts of behaviour.
2. Making the students ready with good teaching aptitude
3. Able to understand the social aberrations and adopt themselves to the social scenario
4. Preparing the students to face various competitive examinations
5. Developing life skills

### **ACTION PROGRAM:**

1. Effective guidance to students
2. Encouraging student projects on contemporary issues
3. Providing life skill training
4. Encouraging students to participate in psychological guidance programs

### **ACTION PLAN FOR ACADEMIC YEAR 2018-19:**

1. Visit to Dakshinya 'A Mentally Retarded Institute'
2. Organize World Mental Health Week from Oct 4<sup>th</sup> - 10<sup>th</sup> 2017 with different activities
3. Visit a Life Skill development institute in Guntur.
4. Propose to visit an old age home in January.
5. Providing Counselling for Students

## AGENDA

1. Approval of academic regulations, syllabi, changes in curriculum, pattern of Question papers, scheme of valuation etc for the academic year 2018-19
2. Approval of list of paper setters and list of Examiners
3. Approval of action plan for the academic year 2018-19
4. To discuss the I, II, III, IV, V & VI Semesters Syllabus.
5. Approval of Choice Based Credit System(CBCS) for Psychology for I, II, III,IV, V and VI semesters.
6. To discuss about the change in I year pattern, syllabus, Question paper and Internal Assessment marks 30 and External marks 70
7. To discuss about the final year V & VI semester syllabus Question paper and Practicals
8. Conducting Certificate Course and General elective for the Academic Year 2018 – 19 in III and IV Semesters collaboration with Sociology Department.  
**Certificate Course:** Guidance and Counselling  
**General Elective:** Intimate Family Relations
9. Proposed to organize workshops in the college

## 1. Approval of academic regulations, syllabi, changes in curriculum, pattern of Question papers, and scheme of valuation for the academic year 2018-19

Board of Psychology met on 06-04-2018 at SRR & CVR Government Degree College (A), Vijayawada, to revise, revamp and enrich the curriculum as per the recommendations of APSCHE. The whole exercise is done after a thorough discussion in BOS Meeting with in-charge, subject experts from other colleges, University Nominee, psychologist, Alumni member and present students of Psychology.

The syllabi and model Question papers are submitted for the approval of BOS Meeting. After the discussion, BOS recommended to implement the following internal and external assessment patterns for I, II and III year.

Internal Assessment Average -	20M
Field Trips, Project Work, Seminar Assignments -	5M
Attendance -	5M
External Examination at the semester end -	70M

For Core-1 General Psychology I. For Core-2 General Psychology II, For Core-3 Social Psychology-I. For Core-4, Social Psychology-II. Core V Education Psychology, Core-VI paper Abnormal Psychology, Core-VII & VIII Counselling Psychology.

I Sem & II Sem Practicals	100 Marks
III Sem & IV Sem Practicals	100 Marks
V Sem Practicals	100 Marks
VI Sem Practicals	100 Marks
Project	100 Marks

**List of Paper Setters and Examiners**

1. Sri P. Srinivas M.A. (Ph.d), Lecturer in Psychology, S.R.R. & C.V.R College, Vijayawada.
2. Dr. T. D. Vimala M.A., M.Sc (guidance and counseling) Lecturer in Psychology (Rtd) GCW, Guntur.
3. Sri. B. Yesopu, Lecturer in Psychology Andhra Christian College, Guntur.
4. Sri G. Venkateswarlu, Lecturer in Psychology, VRS & YRN College, Chirala.

### 3. Action Plan for the Academic Year 2018 – 19

To improve the potentiality of the student department of Psychology is planning various activities every year in this connection, action plan for the academic year 2018-19.

#### Field Visits:

1. Old age Homes nearby Guntur.
2. NGO's
3. CounselingCenters

#### Celebration of Days:

1. World Suicide Prevention Day – September 10<sup>th</sup>
2. World Elder Day – October 1<sup>st</sup>
3. Mental Health Day – October 10<sup>th</sup>
4. World Students Day – Abdul Kalam – October 15<sup>th</sup>
5. Human Rights Day – December 10<sup>th</sup>
6. International Women's Day – March 8<sup>th</sup>

#### Workshops:

1. Guidance and Counselling.

#### Guest Lectures:

With reference to Subject Papers and Other departmental Activities Guest Lectures May be Organized.

4. To discuss the I, II, III,IV,V&VI semesters syllabus and general Elective.
5. Conducting certificate course for the academic year 2019-20 in III semester collaboration with Sociology Department

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**I. B.A. Semester-I**  
**Paper – I: General Psychology**  
**Syllabus**

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**UNIT - I: Introduction**

- A-Historical foundations of Psychology: Definition, Nature and Scope of Psychology; Schools and fields of psychology.
- B) Methods of Psychology-Introspection, Observation, Case Study, Interview, Survey and Experimental Method

**UNIT - II: Biological Basis of Behaviour**

- A) Neuro Anatomy -Structure of the neuron; The Autonomic Nervous System-Structure & function; The Central Nervous System: Spinal cord -structure and function; The Brain - hindbrain, midbrain & forebrain.
- B) Hormones and Behaviour-Main endocrine glands, their hormone products and principal effects of the hormones -Mechanisms of Heredity and Environment

**UNIT - III: Sensory Process:**

- A) Sensory organ; General characteristics of senses, theories of vision and Hearing.
- B) Subliminal perception and signal detection theory.

**UNIT - IV: Attention and Perception**

- A) Types and determinants of Attention, Distraction, Division, Fluctuation and Span of attention
- B) Perception-Perceptual constancies, illusions, Organizational factors of perception, Perceptual Constancies

**UNIT - V:****Motivation and Emotion**

- A) Motivation –Definition and types of motives-Bio and Psycho-Social Motives, Theories of motivation-Maslow's Theory of Motivation and Freud's Unconscious Motivation.
- B) Emotions –Definition and Nature of Emotions, Types of emotions, Theories of emotions- James-Lange, Cannon-Bard

**REFERENCE BOOKS:**

1. Morgan, Clifford.T., King, Richard.A., Weisz, John.R., Schopler, John (1993). Introduction to Psychology, TataMcGraw Hill.
2. Marx, Melvin H. (1976). Introduction to Psychology -Problems, Procedures & Principles, MacMillan Publishing Co.
3. Hilgard, E.R., Atkinson, R.L., Atkinson, R.C., (1979): Introduction to Psychology, Harcourt Brace Jovanovich. Inc.

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**I. B.A. Semester-I**  
**Paper – I: General Psychology**  
**Blue print**

**Time: 3 Hours**

**Max Marks :60**

<b>Units</b>	<b>Short questions</b>	<b>Essay questions</b>
Unit-I	2	2
Unit-II	2	2
Unit-III	1	2
Unit-IV	2	2
Unit-V	1	2
<b>Total</b>	<b>8</b>	<b>10</b>

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**I. B.A. Semester-I**  
**Paper – I: General Psychology**  
**Model Question Paper**

**Time:3 Hours**

**Max Marks :60**

**Section-A**

**Answer any FIVE Questions**

**5x4=20**

1. Observation.
2. Functionalism.
3. Central nerves system.
4. Span of attention.
5. Nature of Emotions.
6. Perceptual constancy.
7. Subliminal perceptual.
8. Endocrine system.

**Section-B**

**Answer all questions**

**5x8=40**

9. Discuss the Nature, Goals and fields in Psychology.  
Or  
What are the methods of Psychology.
10. Briefly write the organization of nervous system.  
Or  
Describe the functions of major hormones system.
11. Briefly explain any two types of sensations.  
Or  
Describe signal detection theory.
12. Define attention; write types and factors of attention.  
Or  
Explain meaning of perception and describe the perceptual constancies.
13. What is motivation? Write types of motives  
Or  
Define emotion and describe theories of emotions.

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**I. B.A. Semester-I**  
**Paper – I: General Psychology**  
**Practical Syllabus**

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Conduct any **Eight** experiments from the following

50 Marks

1. Visual & Auditory
2. Distraction on attention
3. Span of Attention
4. Division of Attention
5. Fluctuation of attention
6. Illusions -Muller Lyer Illusion
7. Horizontal vertical Illusion
8. Organization in perception
9. Set in Perception
10. Perceptual constancies –size, shape

**REFERENCE**

Chaube. S.P.(1985): Experimental Psychology, LaxmiNarain Publishers

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**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**I. B.A. Semester-II**  
**Paper – II: General Psychology-II**  
**Syllabus**

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**Unit-I: Learning.**

- A) Definition of learning- classical conditioning, operant conditioning, learning by insight and observation, latent learning.
- B) Role of motivation and maturation in learning. Reward and punishment, learning curves, efficient method of learning, transfer of learning.

**Unit-II: Memory and forgetting.**

- A) Meaning and types of memory, Methods of measuring memory, Information processing model of memory.
- B) Forgetting- Meaning, Nature and causes. Methods to improve memory.

**Unit-III: Thinking.**

- A) Definition, mental images, Concepts, Reasoning- Deductive and Inductive reasoning.
- B) Problem solving. Impediments to problem solving.
- C) Creative thinking – Meaning and stages of creative thinking. Characteristics of creative people.

**Unit-IV: Intelligence.**

- A) Intelligence definition-Theories: Spearman two factors theory, Thurstone's multi factor theory and Sternberg's, Triarchic theories of intelligence.
- B) Measurement of Intelligence-Concept of IQ, types of intelligence tests., Intellectually gifted and Retardation.
- C) Role of heredity and environment in intelligence.

**Unit-V: Status of Consciousness.**

- A) Sleep and dreams, Hypnosis, Meditation.
- B) Drug- Induced States of Consciousness.

**Reference Books:**

1. Morgan, Clifford T., King, Richard A., Weisz, John R., Schopler, John (1993)  
Introduction to Psychology, TataMcGraw Hill.

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**I. B.A. Semester-II**  
**Paper – II: General Psychology II**  
**Blue Print**

**Time:3 Hours**

**Max Marks :60**

<b>Units</b>	<b>Short questions</b>	<b>Essay questions</b>
Unit-I	2	2
Unit-II	1	2
Unit-III	2	2
Unit-IV	2	2
Unit-V	1	2
<b>Total</b>	<b>8</b>	<b>10</b>

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**I. B.A. Semester-II**  
**Paper – II: General Psychology II**  
**Model Question Paper**

**Time:3 Hours**

**Max Marks :60**

**Section-A**

**Answer any FIVE Questions**

**5x4=20**

1. Terman's study
2. Bilateral transfer.
3. Deductive reasoning.
4. Mentally gifted.
5. Flash bulb memory.
6. Illumination.
7. Initial spurt.
8. Bobo doll Experiment.

**Section –B**

**Answer all Questions**

**5x8=40**

9. Describe any two theories of Intelligence.  
Or  
Briefly write about intelligent influenced by heredity or environment.
10. Explain stages of creative thinking.  
Or  
Define and nature of thinking.
11. Explain the nature of memory and how do we remember.  
Or  
Describe the information – processing model is memory.
12. Describe learning and describe the efficient methods of learning.  
Or  
Explain different types of learning curves.
13. What do you meant by STM & LTM, what are the differences between them?  
Or  
What is mental related, explain causes of mental retardation.

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**

**I. B.A. Semester-II**

**Paper – II: General Psychology II**

**Practical Syllabus**

**Max Marks:50**

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**Conducting any EIGHT Experiments from the following.**

1. Paired Associates learning.
2. Habit Interference.
3. Massed vs Special learning.
4. Effect of meaning on memory.
5. Retroactive Inhibition & Proactive Inhibition.
6. Memory for faces.
7. Letter Digit Substitution test.
8. Span of memory.
9. Short term memory for digits.
10. Problem solving – Pyramid fuzzle.

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**II. B.A. Semester-III**  
**Paper – III: Social Psychology**  
**Syllabus**

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**Unit – I**

Introduction – definition, nature and scope of social psychology. Method of social psychology – observation method, survey, correlational methods, field study and experimental method.

**Unit – II**

Social Perception understanding others – Attribution – theories of attribution – theory of correspondent inference fundamental attribution error, actor – observer effect, self serving bias.

**Unit – III**

Impression formation, information, Impression management, Techniques of impression management.

**Unit – IV**

Communication – definition, nature of communication, types of communication, barriers to effective communication. Rumors and propaganda.

**Unit – V**

Attitude – definition, distinctive features of attitudes, measurement of attitudes – Thusstones equal appearing intervals method, Likert methods of summated rating, Bogardus method of social distance, cognitive dissonance, reducing cognitive dissonance.

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**II. B.A. Semester-III**  
**Paper – III: Social Psychology**  
**Blue Print**

**Time;3hrs**

**max Marks:60**

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<b>S. No</b>	<b>Units</b>	<b>Short Questions</b>	<b>Essay Questions</b>
<b>1</b>	Unit – I	1	2
<b>2</b>	Unit – II	1	2
<b>3</b>	Unit – III	2	2
<b>4</b>	Unit – IV	2	2
<b>5</b>	Unit – V	2	2
<b>Total</b>		<b>08</b>	<b>10</b>

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**II. B.A. Semester-III**  
**Paper – III: Social Psychology**  
**Model Question paper**

**Time;3hrs**

**max Marks:60**

**Section –A**

**Answer any FIVE Questions.**

**5x4=20**

1. Cognitive dissonance.
2. Idio graphic methods.
3. Naturalistic observation.
4. Covariance theory.
5. Non verbal communication.
6. Formation of attitudes.
7. Describe the method of field study.
8. What is meant by self servingbias.

**Section-B**

**Answer all questions 5x8=40**

9. Explain the impotent assumptions of social psychology.  
Or  
How does society influence human behavior?
10. Write any two methods of social psychology.  
Or  
What are the methods used to reduce cognitive dissonance.
11. Explain the techniques of impression management.  
Or  
Explain theories of attribution.
12. What is communication and explain the process and models of communication.  
Or  
Rumor as political communication strategy explain.
13. Briefly explain self affirmation theory of steele.  
Or  
What are problems faced during measurement of attitudes.

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**

**II. B.A. Semester-III**

**Paper – III: Social Psychology**

**Practical Syllabus**

**Max Marks:50**

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**Conduct EIGHT experiments form the following.**

1. Sociometry.
2. Measuring style of behavior.
3. Attitude measurement.
4. Serial reproduction of an event.
5. Level of aspiration.
6. Suggestion
7. Social adjustment
8. Bogardus social distance scale.
9. Observation
10. Self- esteem.

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**II. B.A. Semester-IV**  
**Paper – IV: Social Psychology**  
**Syllabus**

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**Unit – I**

**Prejudice** – prejudice and discrimination, Nature and definition of prejudice, origin and formation of prejudice, techniques of reducing prejudice.

**Unit – II**

**Aggression.** Definition, Determinants of human Aggression- social personal and situational factors – theoretical perspectives on Aggression-biological perspective – drive theories, general effective Aggression model prevention and control Aggression

**Unit – III**

**Groups & individuals**

Groups-definition, nature & characteristics and functions of groups, , types of groups. Role status norms cohesiveness and conformity

**Unit-IV:**

Groups and individual performance-social facilitation, social loafing, social inhibition and decision making by group.

**Unit – V**

Leadership-definitions of leader, traits of a leader, types of leaders-autocratic, democratic and charismatic leaders.Leader behavior – Initiating structure and consideration.

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**II. B.A. Semester-IV**  
**Paper – IV: Social Psychology**  
**Blue Print**

**Time: 3 Hrs**

**Max Marks:60**

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Blue Print

<b>S. No</b>	<b>Units</b>	<b>Short Questions</b>	<b>Essay Questions</b>
<b>1</b>	Unit – I	1	2
<b>2</b>	Unit – II	1	2
<b>3</b>	Unit – III	2	2
<b>4</b>	Unit – IV	2	2
<b>5</b>	Unit – V	2	2
<b>Total</b>		<b>08</b>	<b>10</b>

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**II. B.A. Semester-IV**  
**Paper – IV: Social Psychology**  
**Model Question Paper**

**Time: 3 Hrs**

**Max Marks:60**

**Section – A**

**Answer any Five Questions 5X4=20**

1. What is the difference between prejudice and discrimination?
2. Prevention of Aggression.
3. Classify the various types of groups?
4. What is meant by group cohesiveness?
5. Describe the nature of prejudice?
6. Determinants of human Aggression.
7. What is meant by social loafing?
8. Describe the initiating structure of leader behaviours.

**Section – B**

**Answer all Questions 5X8=40**

9. a) Describe the origin and formation of prejudice  
OR  
b) Describe the various techniques of reducing prejudice
10. a) Explain the various forms Aggression.  
OR  
b) Explain the theories of Aggression
11. a) Define a group and describe the characters of a group.  
OR  
b) How does a group influence individual performance
12. a) Describe the communication process?  
OR  
b) What is the meant by social status and how does it influence a person.
13. a) Define a leader, what are the important characteristics of a leader  
OR  
b) Define a leader. How can leaders to be classified

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**II. B.A. Semester-IV**  
**Paper – IV: Social Psychology**  
**Practical Syllabus**

**Max Marks:50**

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**Conduct EIGHT experiments from the following.**

1. Anger.
2. Leadership preference scale.
3. Decision making
4. Group behavior.
5. Social adjustment maturity.
6. Leader behavior.
7. Group norms.
8. Group management.
9. Cohesiveness.
10. Emotional adjustment.

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**III B.A Semester - V**  
**Paper - 5 Educational Psychology(Core)**  
**Syllabus**

**Unit – I**

**Educational Psychology :**

Definition, Nature, Scope and importance, important methods of educational psychology

**Unit- II**

**Growth and Development during childhood and adolescence :**

General principles of growth and development - Physical growth, Motor development, Mental development, Emotional development, Social development, Development of attitudes, Interests values and personality

**Unit – III**

**The Nature of Learning process and transfer of Learning :**

Learning and maturation, The Process of Learning, Nature of Learning, Learning curves, Plateaus in learning, Role of Motivation, Attention and Interest in Learning, Kinds of Motivation -- Extrinsic and Intrinsic, Achievement Motivation -- Methods of Motivating Students to Learn

**Unit -- IV**

**Transfer of Learning**

Forms of transfer, Theories of Transfer of learning, Factors influencing transfer of learning

**Unit -- V**

**Memory and Forgetting :**

Types and methods of memorization -- factors influencing retention

Curves of Forgetting, Kinds of Forgetting and theories of Forgetting

**Reference Books :**

1. S.K.Mangal (1982).Educational Psychology. Prakash brothers' educational publications, Ludhiana.
2. H.r.Bhatia (1977) A text book of educational psychology Macmillian India Ltd.
3. S.N.Rao.(1990) Educational psychology.Wileyeastren Limited.

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**III B.A Semester - V**  
**Paper - 5 Educational Psychology(Core)**

TIME : 3hrs

MAX MARKS : 60

**Blue Print**

<b>S. No</b>	<b>Units</b>	<b>Short Questions</b>	<b>Essay Questions</b>
1	Unit – I	2	2
2	Unit – II	2	2
3	Unit – III	1	2
4	Unit – IV	1	2
5	Unit – V	2	2
Total		08	10

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**III B.A Semester - V**  
**Paper - 5 Educational Psychology(Core)**  
**Model Question Paper**

TIME : 3hrs

MAX MARKS : 60

**Section - A**

Answer the following questions

5 X 8 = 40

1. Define Educational Psychology and explain the methods used in the study of educational psychology?  
(OR)  
Describe nature, scope and importance of educational psychology?
2. Describe the general principles of growth and development?  
(OR)  
Explain the process of emotional and social development during later childhood?
3. Describe the important methods used in motivating students to learn?  
(OR)  
Explain the process of learning and learning curves ?
4. Define the transfer of learning and explain its types?  
(OR)  
Explain factors influencing transfer of learning ?
5. Describe the different types of memory?  
(OR)  
Explain the curves of forgetting with the help of an experiment ?

**Section - B**

Answer any **FIVE** of the following questions      5 X 4 = 20

1. Experimental method
2. Emotional development during adolescence
3. Extrinsic motivation
4. Development of attitudes
5. Nature of educational psychology
6. Positive transfer of learning
7. Factors influencing retention
8. Kinds of forgetting

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**

**III B.A Semester - V**  
**Paper - 5 Educational Psychology(Core)**  
**Practical Syllabus**

MAX MARKS : 50

1. Immediate memory span
2. Learning experiment -- Draw learning curve
3. Adjustment inventory
4. Thurston interest scale
5. Sociometry

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**III BA Semester - V**  
**Paper -6. Abnormal Psychology (Elective)**  
**Syllabus**

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**Unit-I: Introduction to abnormal Psychology:**

Definition of abnormality, abnormal Psychology-past and present views and treatment.  
Approaches to psychology –psychodynamic, behavioural, cognitive behavioural, existential and biological.

**Unit-II: Classification and causes of abnormality:**

Classification of disorders, Etiological factors in abnormality stress, coping and the ego-defence mechanisms.

**Unit-III: Anxiety Disorder:**

Nature and symptoms of generalized anxiety disorder, Phobias, Panic disorder, Obsessive-compulsive disorder, Post – traumatic stress disorder.

**Unit-IV: Somatoform Disorders-** Nature and symptoms. Conversion disorders- with motor/sensory symptoms or deficits, with seizures. Pain disorders- headache, migration, low back pain, etc. Acute versus chronic pain, cognitive perception of pain, individual differences in reaction to pain. Hypochondriasis.

**Unit-V: Dissociative Disorders-** Nature and symptoms – Amnesia and fugue dissociative identity disorder.

- References:**
1. Lamm, A. (1997). Introduction to psychology, N.Y.Sage publication.
  2. Buss, A.H. (1999). Psychology.N.Y.John Wiley.
  3. Irvin G. Sarason, Barbara R. Sarason (2006). Abnormal Psychology 11<sup>th</sup> edition. Prentice hall india.
  4. Carson. Abnormal Psychology 13<sup>th</sup> edition.Pearson education India.

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**III B.A Semester - V**  
**Paper - 6 Abnormal Psychology (Elective)**

TIME : 3hrs

MAX MARKS : 60

**Blue Print**

<b>S. No</b>	<b>Units</b>	<b>Short Questions</b>	<b>Essay Questions</b>
1	Unit – I	2	2
2	Unit – II	2	2
3	Unit – III	1	2
4	Unit – IV	2	2
5	Unit – V	1	2
Total		08	10

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**III BA V- Semester**  
**Paper -6. Abnormal Psychology (Elective)**  
**Model Question paper**

**Time: 3 hrs**

**Max Marks: 60**

**Section-A**  
**Answer the Following Questions**

**5 x 8 = 40**

1. Define abnormal Psychology and writes historical development of the discipline.

(OR)

Explain the Psychodynamic approach in the study of Psychopathology?

2. Describe the ICD and DSM clarification procedures.

(OR)

Define stress and its types with suitable examples

3. Write the nature and symptoms of panic & generalized anxiety disorders.

(OR)

Explain Phobias & obsessive, compulsive disorders.

4. Describe any three pain disorders.

(OR)

Explain the nature and symptoms of conversion disorders.

5. Describe the nature and symptoms of Amnesia and fugue.

(OR)

What are different dissociative disorders?

**Section-B**

**Answer any FIVE questions**

**5 x 4 = 20**

1. Biological approach.
2. Egos defence mechanism.
3. Post traumatic stress disorder.
4. Hypochondriasis.
5. Define abnormality
6. Post traumatic stress disorder
7. Acute pain vs. Chronic pain
8. Dissociative identity disorder

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**III BA V- Semester**  
**Paper -6.Abnormal Psychology(Elective)**  
**Practicum**

**Max Marks: 50**

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**The student is required to do following psychological tests:**

1. Stressful life- event scale.
2. Anxiety.
3. Self – esteem
4. Extraversion and neuroticism personality assessment.
5. World – association technique.

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**III B.A. Psychology, VI Semester Syllabus**  
**Paper-7 Counselling Psychology (Core-A)**

**Unit – I**

**Introduction to Counselling:** Meaning and definition of counselling, Characteristics of Counsellor, Objects and Needs, Types of Counselling

**Unit- II**

**Emergence and Development of Counselling:** Important periods in development of counselling, Counselling in educational setting - Role of teacher in counselling, Vocational guidance and career counselling

**Unit – III**

**Counselling Process :** Stages of Counselling, Major goals of counselling

**Unit -- IV**

**Counselling Interview :** Essential Aspects, Techniques, Non-verbal communication in interview, Counselee -- Counsellor relationship

**Unit -- V**

**Special Areas In Counselling :** Counselling families, Marriage counselling, Pre-marital counselling, Counselling women

**REFERENCE:**

1. NarayanaRao, S. (1991). Counselling and Guidance.
2. Locke, D.C., Myers, J.E and Herr. E.L. (2001) The Hand Book Counselling

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**III B.A Semester - VI**  
**Paper - 7 Counselling Psychology (Core-A)**

TIME : 3hrs

MAX MARKS : 60

**Blue Print**

<b>S. No</b>	<b>Units</b>	<b>Short Questions</b>	<b>Essay Questions</b>
1	Unit – I	2	2
2	Unit – II	2	2
3	Unit – III	1	2
4	Unit – IV	1	2
5	Unit – V	2	2
Total		08	10

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**

**Semester - VI**

**Paper – VII Counselling Psychology(Core-A)**

**III Year – 2<sup>nd</sup> Semester**

**Model Question Paper**

Time: 3 hours

Max. Marks: 60

**Section – A**

5 X 8= 40 Marks

Essay Answer Questions

Answer the following Questions

1. Discuss the meaning, need and objectives of counselling ?  
(OR)  
What are the characteristics of an effective counsellor?
2. Explain various periods in development of counselling?  
(OR)  
Explain about career counselling
3. Describe different stages of counselling?  
(OR)  
Describe the major goals of counselling
4. What is a counselling interview? What are the essential aspects in it?  
(OR)  
What are the specific relationship problems that counsellor encounters during the process of counselling interview ?
5. Elaborate on the issues involved in marital counselling?  
(OR)  
Explain the role of family and the issues involved in family counselling?

**Section – B**

5 X 4 = 20Marks

Short Answer Questions

Answer any FIVE of the following Questions

1. Types of counselling
2. Role of teacher in counselling
3. Non-verbal communication in interview
4. Pre-marital counselling
5. Describe about vocational guidance
6. Meaning and definition of counselling
7. Initial disclosure
8. Issues in counselling women

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**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**III BA VI - Semester**  
**Paper - 8. Abnormal Psychology (Cluster A-1)**  
**Syllabus**

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**Unit-I: Psychotic disorders.**

Nature and symptoms.  
Schizophrenia and its sub types- paranoid type, catatonic type, hebephrenic type.  
Mood disorders- Unipolar and Bipolar disorders.

**Unit-II: Developmental disorders.** Nature and symptoms.

Disruptive behaviour- ADHD-Conduct disorders.  
Habit disorders- Eating disorders.  
Emotional disorders- Anxiety disorders (separation anxiety, Avoidant disorders and Over anxious disorders).  
Childhood depression.

**Unit-III. Personality Disorders.**

Antisocial personality disorders.  
Paranoid personality disorders.  
Dependent personality disorders.  
Histrionic personality disorders.  
Obsessive- compulsive personality disorders.

**Unit-IV: Addictive disorders.**

Alcoholism.  
Nicotine dependence.

**Unit-V: Treatment of disorders.**

Psychoanalytical approach.  
Humanistic approach.  
Cognitive approach.

**References:** 1. Lamm, A. (1997). Introduction to psychology, N.Y.Sage publication.

2. Buss, A.H. (1999). Psychology.N.Y.John Wiley.

3. Irvin G. Sarason, Barbara R. Sarason (2006). Abnormal Psychology 11<sup>th</sup> edition. Prentice hall india.

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**III BA VI - Semester**  
**Paper - 8. Abnormal Psychology (Cluster-A1)**  
**Blue Print**

**Time:3 hrs**

**MaxMarks:60**

<b>Units</b>	<b>Short questions</b>	<b>Essay questions</b>
Unit-I	2	2
Unit-II	2	2
Unit-III	2	2
Unit-IV	1	2
Unit-V	1	2
<b>Total</b>	<b>08</b>	<b>10</b>

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**III BA VI - Semester**  
**Paper - 8. Abnormal Psychology (Cluster-A1)**  
**Model Question paper**

**Time:3 hrs**

**MaxMarks:60**

**Section-A**

**Answer all the Questions**

**5 x8=40**

1. Describe the nature and symptoms of mood disorders.  
(OR)  
Explain the sub types of schizophrenia.
2. Describe the nature and symptoms and causes of ADHD.  
(OR)  
Explain any two anxiety disorders of children.
3. Describe histrionic and antisocial personality disorders.  
(OR)  
Describe paranoid and histrionic personality disorders
4. Write an essay on Alcoholism.  
(OR)  
Explain nicotine dependence and its symptoms
5. Explain the process of behaviouristic approach in the treatment of mental disorders.  
(OR)  
Briefly explain Psychoanalytical approach in treatment of mental disorders.

**Section-B**

**Answer any FIVE of the following questions**

**5 X 4 = 20**

1. Schizophrenia.
2. Eating disorders.
3. Obsessive – compulsive personality.
4. Humanistic approach.
5. Process of alcoholism
6. Cyclothymic disorder
7. Explain any two habit disorders
8. Dependent personality disorders

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**III BA VI - Semester**  
**Paper - 8. Abnormal Psychology (Cluster A-1)**  
**Practicum**

**Max Marks: 50**

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1. Depression questionnaire.
2. Wellbeing scale.
3. Problem checklist.
4. Eysenck personality.
5. Visit an old age home/ mental retarded institute.

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**III BA VI - Semester**  
**Paper -9. Developmental Psychology(Cluster-A2)**

**Syllabus**

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UNIT –I:

Development: Principles Of Development-Significant Facts Of Development-VariouS Stages Of Development

Unit-II:

Infancy: Characteristics Of Infancy-Major Adjustments Of Infancy- Hazards Of Infancy

Baby Hood : Characteristics Of Baby Hood-Developmental Tasks

Unit-III:

Early Child Hood : Characteristics – Developmental Tasks –Hazards Of Early Child Hood

Later Childhood : Characteristics – Developmental Tasks –Hazards Of later Child Hood

Unit-IV

Puberty : Body Changes - Characteristics–Hazards Of Puberty

Adolescence : Characteristics – Developmental Tasks –Hazards Of Adolescence

Unit –V:

Early Adult Hood : Characteristics – Developmental Tasks –Personal And Social Hazards Of Early Adult Hood – Vocational And Family Adjustments –Hazards Of Adjustment

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**III BA VI - Semester**  
**Paper - 9. Developmental Psychology (Cluste-A2)**  
**Blue Print**

**Time:3 hrs**

**MaxMarks:60**

<b>Units</b>	<b>Short questions</b>	<b>Essay questions</b>
Unit-I	2	2
Unit-II	1	2
Unit-III	2	2
Unit-IV	1	2
Unit-V	2	2
<b>Total</b>	<b>08</b>	<b>10</b>

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**III BA VI - Semester**  
**Paper - 9. Developmental Psychology (Cluster-A2)**  
**Model Question paper**

Time:3 hrs

MaxMarks:60

**Section-A**

**Answer all the Questions**

**5 x8=40**

1. What is development and describe principles of development.  
(OR)  
Describe significant facts of development.
2. Explain major adjustments and hazards of infancy.  
(OR)  
Describe the characteristics of babyhood.
3. Explain the developmental tasks of early child hood.  
(OR)  
Explain emotional, Social development of later childhood
4. Describe characteristics and Hazards of puberty.  
(OR)  
Explain the characteristics and developmental tasks of adolescence
5. Explain various adjustments in early adulthood and Hazards in it.  
(OR)  
Explain social and personal Hazards and characteristics of early adulthood.

**Section-B**

**Answer any FIVE of the following questions**

**5 X 4 = 20**

1. Impact of maturation.
2. Hazards of Infancy.
3. Social Development of Adolescence.
4. Family adjustment of early Adulthood.
5. Characteristics of early childhood
6. Hazards in puberty
7. Physical development of later childhood
8. Characteristics of early Adulthood

**SRR &CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**III BA VI - Semester**  
**Paper -9.Developmental Psychology (Core-A2)**  
**Practicum**

**Max marks:50**

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**Cattles**

1. High school personality questionnaire.
2. DAT
3. Immediate memory span.
4. Learning experiment – draw learning curve.
5. Project work – Victim of Girl Child.

**SRR & CVR GOVT. DEGREE COLLEGE (A), VIJAYAWADA**  
**Psychology practical 2**

**At the end of 5<sup>th</sup> & 6<sup>th</sup> Semesters**

**Max.Marks:100**

**50 Marks**

**Semester V – practical (internal Assessment)**

Practical work at the classroom	=20 marks
Record	= 20 marks
Performance in the class	= 10 marks
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Total	50 marks
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**Semester V – practical – External assessment**

**50 Marks**

Conduction of practical	= 20 marks
Record	= 20 Marks
Viva	= 10 marks
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Total	50 marks
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## **Action Plan for the Academic Year 2019 – 20**

To improve the potentiality of the student department of Psychology is planning varies activity every year in this connection, action plan for the academic year 2019-20

### **Field Visits:**

Old age Homes nearby Vijayawada.  
NGO's  
CounselingCenters  
Rehabilitation Centers

### **Celebration of Days:**

World Suicide Prevention Day – September 10<sup>th</sup>  
World Elder Day – October 1<sup>st</sup>  
Mental Health Day – October 10<sup>th</sup>  
World Students Day – Abdul Kalam – October 15<sup>th</sup>  
Human Rights Day – December 10<sup>th</sup>  
International Women's Day – March 8<sup>th</sup>

### **Workshops:**

Counselling Skills

### **Guest Lectures:**

With reference to Subject Papers and Other departmental Activities Guest Lectures May be Organized.

4. To discuss the I, II, III ,IV, V& VI semesters syllabus, general elective syllabus.
5. Conducting certificate course for the academic year 2019-20 in III semester collaboration with Sociology Department

### Scheme of Examination

The scheme of examination shall be divided into 2 parts.

1. Internal assessment.
2. External assessment.

1. **Internal assessment:** Internal assessment includes midterm exams, assignments/ role play etc and attendance.

#### **Pattern of mid-term Examination for 30 Marks:**

Sl. No	Type of question paper	No. of questions	Marks allotted to each question	Total Marks
1.	Essay question	1	10	10
2.	Short question	2	5	10
3.	Attendance			05
4.	Assignment/ Seminar/ Field trip/ Subject Quiz/ Role play			15
Total Marks				40

**Note:-**Each semester consists two mid-term examinations the average of 1 & 2 examinations shall be taken as internal assessment.

2. **External assessment:-**External assessment, for 60 marks, comprises semester and examination of 3hrs duration.

I Year, II Year & Final Year pattern is internal 40,external 60

## Scheme of the Evaluation

The scheme of examination shall be divided into two parts.

Internal assessments.

External assessment.

### Internal assessments

Internal assessment includes assignments, peer evaluation, logical tests etc.

The internal assessment of 40 for each course will be as follows.

S.No.	Evaluation type	Marks
1	One class test	20
2	One class test	20
3	Seminar/Assignment/Tutorial – peer evaluation/Poster presentation/	5
4	Attendance	5

**Note : The average of 1 and 2 evaluations shall be taken as internal assessment for 20 marks.**

**Note : There is no minimum pass mark out of 40 marks in internal evaluation.**

**Note: There is minimum pass mark 24 (40% ) marks in external out of 60 marks for students of I, II, III, IV, V, VI semesters.**

**Note: To pass in a single paper, student should get overall 40 marks out of 100 marks ( both internal and external).**

### External assessment

External assessment will be the semester end examination. This assessment for 60 marks for each semester will be as follows.

- ✓ Written examination is designed with duration 3 hours.
- ✓ Blue print and question pattern is enclosed
- ✓ Model question paper is enclosed.

**List of Paper Setters and Examiners**

1. Sri P. Srinivas M.A. (Ph.d), Lecturer in Psychology, S.R.R. & C.V.R College, Vijayawada.
2. Dr. T. D. Vimala M.A., M.Sc (guidance and counseling) Lecturer in Psychology (Rtd) GCW, Guntur.
3. Sri. B. Yesopu, Lecturer in Psychology Andhra Christian College, Guntur.
4. Sri G. Venkateswarlu, Lecturer in Psychology, VRS & YRN College, Chirala.

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**CBCS for Psychology****Course Details****B.A Curriculum of Psychology :**

Semester	Nature of Module	Title of the module	Workload for a week		Maximum marks		Credits	
			Curricular	Practical	Internal	External		Practical
I	Module I (Core)	General Psychology-I	04	03	40M	60M	50M	05
II	Module II (Core)	General Psychology-II	04	03	40M	60M	50M	05
III	Module III (Core)	Social Psychology-I	04	03	40M	60M	50M	05
IV	Module IV (Core)	Social Psychology-II	04	03	40M	60M	50M	05
V	Module V (Core)	Educational Psychology – 1	03	03	40M	60M	50M	05
	Module VI	Abnormal Psychology – 1	03	03	40M	60M	50M	05
VI	Compulsory Paper	Counselling Psychology - A	03	03	40M	60M	50M	05

VI	Cluster – A-1	Abnormal Psychology-2( A-1)	03	03	40M	60M	50M	05
VII	Cluster – A-2	Developmental psychology	03	03	40M	60M	50M	05
VIII	Cluster – A-3	Practicals / Project			40M	60M	100M	05

Theory – 3 Credits

Practical – 2 Credits

Extra 2 Credits for each Certificate Course (Optional)

## RESOLUTIONS

The members of Board of Studies Meeting of Psychology SRR & CVR Govt. Degree College (A), Vijayawada met in the Department of Sociology at 3.00 p.m on 03-04- 2019 to discuss the following agenda.

After the brief introduction, the agenda items listed were taken up for discussion and the following resolution were passed.

### **Items No. 1**

#### **Semester-wise syllabus**

The BOS resolved to recommend to the academic council for the approval of I, II, III, IV, V and VI semesters syllabus for B.A. Psychology curriculum details enclosed.

### **Item No. 2**

#### **Internal & External evaluation**

The BOS resolved to recommend to the academic council for the approval of the Internal & External evaluation process for I to VI semesters.

**Note : The best of 1 and 2 evaluations shall be taken as internal assessment for 20 marks.**

**Note : There is no minimum pass mark out of 40 marks in internal evaluation.**

**Note: There is minimum pass mark 24 (40 % )marks in external out of 60 marks for students of I, II, III, IV, V and VI semesters respectively.**

**Note: To pass in a single paper, student should get overall 40 marks out of 100 marks ( both internal and external) for students of I, II, III, IV, V and VI semesters.**

### **Item No. 3**

#### **Model question paper**

The BOS resolved to recommend to the academic council for the approval of the model question papers of semester I, II, III, IV, V and VI.

**Item No. 4**

**Blueprint**

The BOS resolved to recommend to the academic council for the approval of the Blueprint of semester I, II, III, IV, V and VI.

**Item No. 5**

**Credit system, grades, semester grade point average**

The BOS resolved to recommend to the academic council for the approval of the credit system, grades, semester grade point average of semester I to VI.

**Item No. 6**

**Cluster system**

As per the guidelines of UGC and APSICHE, cluster system is introduced in Semester VI from the academic year 2018 – 19.

The BOS resolved to recommend to the academic council for the approval of VI semesters syllabus for B.A. Psychology curriculum details enclosed.

**Project work**

According to CBCS guidelines there will be Project work for each student to work in any group subject or language in the VI semester. Project work is a part of Cluster A or Cluster B.

**Item No. 7**

**Departmental activities**

The BOS resolved to recommend to the academic council for the approval of the departmental activities of all semesters.

**Item No. 8**

**List of examiners**

The BOS resolved to recommend to the academic council for the approval of the list of examiners of all semesters.

**Item No. 9**

**Emergency situations**

The BOS resolved to empower Chairman of Board of Studies to make changes in the curriculum whenever there is necessary in emergency situations.